

11 December 2020

Dear Parent / Carer,

Girls Leadership Programme

I am pleased to inform you that the PE department is offering Y9 girls the opportunity to access a brand new qualification as an after-school club: **The Leadership, Coaching and Volunteering (LCV) Programme** run by The Youth Sport Trust (YST).

The YST is a charity that believes every young person has a right to be physically active through high quality PE and school sport. There is overwhelming evidence to show how PE and school sport have the power to develop young people's potential, helping them to be healthy and happy, succeed in life, and contribute to society. Their work supports the personal development of young people and their progress at school as well as preparing them for the challenges of life ahead. Currently, only a small percentage of the formalised coaching workforce is female. This presents two issues: inequality and a lack of female 'like me' role models to encourage their peers' participation in sport. The LCV Programme aims to address these issues through increasing the number of young female coaches and activators in schools.

If your daughter decides to join the LCV Programme, she will take part in a series of fun sessions that will help her grow and strengthen her leadership skills and will receive training to help her develop as a young coach. As part of a team of girls at The JCB Academy, your daughter will also plan and deliver fun and engaging sessions. This will help her to:

- better understand herself and the motivations of other girls;
- increase her confidence in influencing others;
- increase her readiness to take on leadership roles; and
- improve her organisational skills to lead activities.

The leadership experience your daughter gains will not only help her to become a more effective role model and mentor for this project, it will also support her wider achievement in school and her applications for ongoing education and employment.

The sessions will start on Wednesday, 27 January 2021 and will run after school every Thursday for four weeks. This will mean that you would need to organise transport home. If your daughter is interested in taking part in the programme, please email me at p.newman@jcbacademy.com by next Wednesday, 16 December 2020.

Yours sincerely

Mrs P Newman
PE Learning Manager